



List of IDO Rule Changes and Clarifications **SEPTEMBER 2024**

1. HIP HOP Battles

If there are more than 50 enrolled dancers the best 32 dancers will be qualified and continue in battles. If there are less dancers enrolled, the organizer holds the right to have battle with 16 qualified dancers

Implementation date 1.1.2025, test in Skopje

2. HH BATTLES MUSIC SCHEDULE:

Round of 1/32, 1/16, 1/8 and quarter-finals (just 2 entries)

1. DIFFERENT STYLES 40 sek

New style, Dancehall, R&B, House
Locking, Popping, Hiphop Old school

2. DIFFERENT STYLES 40 sek

Another choice than round 1

New Style, Dancehall, R&B, House
Locking, Popping, Hiphop Old School

HH BATTLES MUSIC SCHEDULE:

Semifinal and Final (3 entries – like old rule)

1. always NEW STYLE
2. DIFFERENT STYLES
Dancehall, R&B, House, Locking, Popping
3. always Hiphop Old School

3. IDO SLOW Disco Rules – *approved in March 2024*

(TEST competitions)

IDO Disco SLOW

The categories of IDO Disco Slow are: Solo Male /Female.
Age Divisions see in General Provisions in Street Dance Disciplines.

1. Music

The music used must be SLOW MUSIC.

68 – 72 beats per minute (beat based music without change of the rhythm)

The tempo in the final must be the same for all the finalists.

2. Characteristics and Movement:

Dance technique should be based and inspired by Disco dance style and presented in slow version, using poses, freezes, stops, spins, slides, leaps, jumps, pirouettes. Floor figures such as splits, back and bump spins are allowed but should be kept to a minimum.

Long running steps and jumps moving across the floor must not exceed four steps at a time.

In IDO Disco Slow elegance and harmony of movements are appreciated.

Disco Slow dance should be neither modern nor (fast) disco, it should be a new and specific style.

All movements in IDO Disco Slow competitions should be safe and cannot endanger the health of any of the dancers.

Dancers should dance at an adequate distance from a judge, leaving the judges their own space.

3. Acrobatic Movements

Acrobatic movements are allowed, but only acrobatics in which a body part is touching the floor.

Acrobatics can only be performed in the second (1 min.) presentation of the final round (when maximum 1 dancer is dancing).

In all selection rounds, including the opening and final presentations of semifinal round, acrobatic movements are not allowed.

The acrobatic movements should not dominate. Gymnastic lines (gymnastic tricks) are not allowed.

Acrobatic Movements should be an integral part of Disco Slow performances. The dance and acrobatic movements performed should be joined together smoothly, and must be in harmony with the music.

Acrobatic moves will not always improve a dancer's score and may even detract from the score if they are not performed technically correctly.

4. Forbidden movements

Obscene or suggestive movements are not allowed.

All movements must be age appropriate.

5. Musicality, rhythm, breaks, feeling for music and its interpretation, dance variety and originality will be highly evaluated

6. Procedure of Competition

The dancers will dance all the selection rounds, **3 presentations**, their number may be variable (12 -15 dancers per round) will depend on the size of the stage.

In the **qualification** rounds:

30 sec (presentation) 12-15 dancers in a heat on the floor.

1 min. (Spot) 5-6 dancers on the floor.

30 sec. (last presentation) 12-15 dancers on the floor.

In the **semifinal** the dancers will dance 3 times:

30 sec (presentation) all semifinalists on the floor.

1 min. (Spot) 2 dancers on the floor.

30 sec (last presentation) all semifinalists on the floor.

In the **final** round the dancers will dance 3 times:

30 sec (presentation) all finalists on the floor.

1 min. (Spot) 1 dancers on the floor.

30 sec (last presentation) all finalists on the floor.

7. Costumes and Make up

Clothing is of one's own choice, should be suitable for the age division of the dancer, must fit properly and always be in good taste and follow Code of Ethics and General costume rules (listed in Book 2, under 3.13). Dancers are not allowed to change their costume during a performance or during competition, unless it is ordered because of an infraction of the Costume Rules.

The glass trimmings in costume, including beads and all other materials and decorations which can be dangerous when falling down to the dance floor are not allowed (lower quality and not well fixed decorations are not allowed).

Make up rules must be age appropriate and must follow GENERAL rules listed in BOOK 2, point 3.13, in 2 a) and 3.

4. Reminder of clarified BALLET rules

BALLET - (open) CLASSICAL		PERFORMING ARTS			
Definition:					
Category:	Solo* Male	Duo (any gender)	Group	Formation	
	Solo* Female				

	combination of two dancers)			
	*Ballet has two sections in the SOLO category in all the age divisions: (a) the Repertoire section and (b) the Classical ballet section. Dancers may enter both sections at the competitions or only one. The choice is theirs.			
Age Division: (age range is defined by formula: <i>Event year – age = allowed born year</i>)	Mini Kids	7 and under		
	Children	12 and under		
	Junior 1 (in solo, duo)	13 – 14		
	Junior 2 (in solo, duo)	15 – 16		
	Junior (group, formation)	13 – 16		
	Adult 1	17 and over		
	Adult 2	31 and over		
		The rules of the 3-year span is applicable – but not in adults 2.		
Number of dancers:	Solo	1		
	Duo	2		
	Group	3-7		
	Formation	8-24		
Music:	Competitors dance to their own music. Suggested music - of a classical nature. Repertoire music cannot be used.			
Tempo:	No limit			
Duration of performance / Time limits:	Solo	Minimum: 1 min 45 sec ; Maximum: 2 min 15 sec		
	Duo	Minimum: 1 min 45 sec ; Maximum: 2 min 15 sec		
	Group	Minimum: 2 min 30 sec ; Maximum: 3 min 00 sec		
	Formation	Minimum: 2 min 30 sec ; Maximum: 4 min 00 sec		
	Formation (mini kids)	Minimum: 2 min 30 sec ; Maximum: 3 min 00 sec		
	Formation (children)	Minimum: 2 min 30 sec ; Maximum: 3 min 00 sec		
Characteristics and Movements:	<p>Classical Ballet is the most formal of the ballet styles; it adheres to traditional ballet technique. There are variations relating to area of origin, such as Russian ballet, French ballet, British ballet and Italian ballet. The Vaganova method, named after Agrippina Vaganova and the Cecchetti method, named after Enrico Cecchetti, are Russian and Italian respectively and derive from the original French method. Classical ballet is best known for its unique features and techniques, such as pointe work, turn-out of the legs, and high extensions; its graceful, flowing, precise movements; and its ethereal qualities. This discipline must be performed using the Classical Ballet Technique and style and may be performed in soft ballet slippers or Pointe shoes. Although choreography may be of a modern nature, it may not deviate from what is commonly known as Classical Ballet. Lyric, Modern and Modern Jazz pieces may not be performed in this discipline.</p> <p>Adult Division (all female dancers) – must dance en pointe. Choice of en pointe or demi pointe in Junior. En pointe is not allowed in the Children’s age division.</p>			
Routine:	No dancer shall compete against him or herself. No dance routine shall be performed in more than one discipline (the same routine cannot be performed in both a Modern and Ballet event).			
Choreography	No music, theme or costume from repertoires may be used in the classical section – in solo, duo, groups, formations (ONLY OWN choreography is allowed).			
Special Rules:				
Lifts:	<p>Permitted (except for Children’s age division).</p> <p>Lifts are defined as movements / figures in which both feet of one dancer are off the floor and such figures / movements are performed with the help / physical support of another person. Jumps in one hand-hold are not considered as a lift.</p>			

	Any lifts used must remain in the Classical Ballet tradition, and may include drop-falls, supported turns, and jumps resulting in catches. However, all dances are in a constant evolution and growth., so experimental and original choreography is encouraged.						
Acrobatic Movements:	Not permitted.						
Scenic or Stage Props:	Stage Props must be carried by the dancer in one trip. Stagehands / assistants are not allowed to carry props for the dancer. Cumbersome scenic props are not permitted. Hand props are anything carried with hands and not part of costume (cane, flag, flower...) Floor Props are the same, objects set on the floor (chairs, stairs, ladders, tables, etc.). Props, liquids shoes, costumes or other substances that can litter, damage, or make the dance floor / stage unsafe cannot be used. This means that the use of such props, liquids, shoes, costumes or other substances will be punished with a warning and/or direct disqualification. Using electrical devices, such as personal light effects and music, which the dancer plugs into an electric socket – props, may be used but must be powered by battery.						
Clothing / Costume:	Not allowed to change costume during a performance or competition, unless it is ordered because of an infraction of the Costume Rules. It will also not be allowed to change the music or choreography in the next or final round, unless asked by Chairperson or Supervisor due to a costume warning.						
Footwear:	Adult must be en pointe, in all Categories solo, duo, groups, and formations. Junior dancers may be en pointe or demi pointe. Children and Mini Kids cannot dance en pointe. Ballet slippers are recommended, no bare feet.						
Eyeglasses and Hearing Aids:	If a dancer needs to wear glasses (for medical reasons) during their performance, it is recommended that the dancer has an elastic holding them on/around head. If hearing aids must be worn, dancer shall fasten them properly.						
Hairstyle and Make-up:	For specific rules regarding Hair and Make-up, see: "Rules Governing Costumes, Make-up, Movements, and Themes"						
Prohibitions / Safety:	Jumping from the stage when somebody is waiting to catch the dancer is not allowed in all Age Divisions. Applicable in Mini kids and Children age division all categories <ul style="list-style-type: none"> - Head stands are not allowed. - Movements where most of weight is carried by another dancer are not allowed. - Any kind of jumps from the props at the height of more than 1 meter are not allowed. - Pointe work is not allowed- - Dark themes, costumes, and music are not allowed. 						
Evaluation:	3 D System						
Procedure of Competition:	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Qualifications round:</td> <td></td> </tr> <tr> <td>Semi-Finals:</td> <td></td> </tr> <tr> <td>Finals:</td> <td></td> </tr> </table> <p><i>Competitors who are not present on stage to dance following the starting order, without a valid reason, will be disqualified by the Chairperson of the Adjudicators.</i></p>	Qualifications round:		Semi-Finals:		Finals:	
Qualifications round:							
Semi-Finals:							
Finals:							
Placement:	As per the IDO Rules						
Other Relevant Information:	Prior to the competition, if you have any questions regarding the Ballet Rules, please contact the Chairperson of the Ballet Committee at Tinadartnall@gmail.com						

BALLET - REPERTOIRE		PERFORMING ARTS			
Definition:					
Category:	Solo* Male				
	Solo* Female				

	*Ballet has two sections in the SOLO category in all the age divisions: (a) the Repertoire section and (b) the Classical ballet section. Dancers may enter both sections at the competitions or only one. The choice is theirs.	
Age Division: (age range is defined by formula: <i>Event year – age = allowed born year</i>)	Mini Kids	7 and under
	Children	12 and under
	Junior 1 (in solo, duo)	13 – 14
	Junior 2 (in solo, duo)	15 – 16
	Junior (group, formation)	13 – 16
	Adult 1	17 and over
	Adult 2	31 and over
	<i>The rules of the 3-year span is applicable – but not in Adults 2.</i>	
Number of dancers:	Solo	1
Music:	Competitors must dance to their own choice of Repertoire music. The specific Repertoire piece must be used as the “Title”. I.e. “Swan Lake Act 3” It must be very clear which repertoire and from which act, as it will give clarity as to the style and interpretation.	
Tempo:	No limit	
Duration of performance / Time limits:	Solo REPertoire	No set time limits on REPertoire SOLOS, as they are all choreographed with a great variety of length in time (usually no longer than 2:15 min)
Characteristics and Movements:	<p>Repertoire is a catalog of classical ballets that has been passed down for generations. Repertoire can reference the entire ballet dance or variations of it. Learning these dances helps preserve both the traditional ballet form and the history of classical ballet. Though ballet has evolved over time, ballet repertoire is what sustains the origins of classical ballet. In addition to technical movements, there are three main elements to a classical ballet performance: narrative, emotion, and character</p> <p>In Junior and Adult Division (all female dancers) – must dance en pointe. En pointe is not allowed in Childrens age division.</p>	
Routine:	<p>No dance routine shall be performed in more than one discipline (the same routine cannot be performed in both a Modern and Ballet event).</p> <p>No dancer shall compete against him or herself</p>	
Repertoire:	<p>Any repertoire can be performed. (male dancers should choose from male repertoire, and females should choose from female repertoire)</p> <p>As there are many variations of the same repertoire, it is advised that no major changes should be made to the repertoire selected.</p> <p>No repertoires may be danced in the classical ballet sections.</p> <p>Enrolment must be accompanied with the name of repertoire number (see under MUSIC).</p>	
Special Rules:		
Acrobatic Movements:	Not permitted.	
Scenic or Stage Props:	<p>Stage Props must be carried by the dancer in one trip. Stagehands / assistants are not allowed to carry props for the dancer.</p> <p>Cumbersome scenic props are not permitted.</p>	
Hand Props:	Hand Props are anything carried with the hands and not part of the costume (bells, flags, cane, umbrella, etc.).	
Floor Props:	<p>Floor Props are the same, objects set on the floor (chairs, stairs, ladders, tables, etc.).</p> <p>Props, liquids shoes, costumes or other substances that can litter, damage, or make the dance floor / stage unsafe cannot be used. This means that the use of such props, liquids, shoes, costumes or other substances will be punished with a warning and/or direct disqualification.</p>	

	Using electrical devices, such as personal light effects and music, which the dancer plugs into an electric socket – props, may be used but must be powered by battery.						
Clothing / Costume:	Not allowed to change costume during a performance or competition (from one round to the next), unless it is ordered because of an infraction of the Costume Rules. It will also not be allowed to change the music or choreography in the next or final round, unless asked by Chairperson or Supervisor due to costume warning. The costume for REPERTOIRES must be in the correct style and theme of the selected Repertoire but the detail does not have to be exactly the same. This is because the different Ballet Companies do add their own “flair” and “interpretation.” It is best to stay as close as possible to the ORIGINAL COSTUME.						
Footwear:	Junior and Adult female dancers must be en pointe in the Repertoire solo. Children and Mini Kids cannot dance en pointe. Ballet slippers are recommended, no bare feet.						
Eyeglasses and Hearing Aids:	If a dancer needs to wear glasses (for medical reasons) during their performance, it is recommended that the dancer has an elastic holding them on/around head. If hearing aids must be worn, dancer shall fasten them properly.						
Hairstyle and Make-up:	For specific rules regarding Hair and Make-up, see: “Rules Governing Costumes, Make-up, Movements, and Themes”						
Prohibitions / Safety:	Jumping from the stage when somebody is waiting to catch the dancer is not allowed in all Age Divisions. Applicable in Mini kids and Children age division in all categories: <ul style="list-style-type: none"> - Head stands are not allowed. - Movements where most of weight is carried by another dancer are not allowed. - Any kind of jumps from the props at the height of more than 1 meter are not allowed. - Pointe work is not allowed. - Dark themes, costumes, and music are not allowed. 						
Evaluation:	2 D - technique, artistic						
Procedure of Competition:	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Qualifications round:</td> <td></td> </tr> <tr> <td>Semi-Finals:</td> <td></td> </tr> <tr> <td>Finals:</td> <td></td> </tr> </table> <p><i>Competitors who are not present on stage to dance following the starting order, without a valid reason, will be disqualified by the Chairperson of the Adjudicators.</i></p>	Qualifications round:		Semi-Finals:		Finals:	
Qualifications round:							
Semi-Finals:							
Finals:							
Placement:	As per the IDO Rules						
Other Relevant Information:	Prior to the competition, if you have any questions regarding the Ballet Rules, please contact the Chairperson of the Ballet Committee at Tinadartnall@gmail.com						

5. Clarification in Latin Style department

- To add the clarification (the direct, 1/8 final, ¼ final, semifinal and final excluded) to clarify which is the first qualification round.

The existing rule will be replaced by

1. Duration of the performance:

- Organizer’s music
- For the first qualification round (Excluding the direct 1/8 final, ¼ final, semifinal and final), the first presentation is one (1) minute Paso Doble presentation till 1st highlight, then 1 minute 30 sec Paso Doble presentation till 2nd highlight, the last presentation is one (1) minute Paso Doble presentation till 1st highlight.
- For the other rounds, the direct 1/8 final, ¼ final semifinal and final included, the duration of the music is 1 min 30 sec.± 10 sec. Paso Doble presentation till 2nd highlight

Implementation date: 1.9. 2024

6. Change in Latin Style department

- **The change of the time limit of the presentation of 1:30”**

This should be changed from 1:30 to 1:30.± 10 sec so that the Chairperson and Supervisor have the authority to be flexible and determine on a case-by-case basis whether to reduce or extend the time by 10" (e.g., time reduction in Adults 2 categories, time increase in a direct semi-final with 12 competitors or final with 8 competitors, etc.).

Implementation date: 1.9. 2024

7. Suggestion of the Couple Dance Department Board

1. To keep the disciplines as they are
2. To change the names of some already existing disciplines (for example instead of "synchro dance" the "artistic dance" ...)
3. To create new disciplines in **medley music**, such as "Medley 1" with Samba, Rumba, ChaCha and "Medley 2" with Paso and Jive (1:30" with a specific order of the dances and exactly how many "bars" from each dance will be in the medley and of course 3 and 2 respectively judgment during the performance of Medley 1 and Medley 2, independently and depending on how many dances they dance in the Medleys
Implementation date 1.1.2025, **possible test** competition during World Championship in Skopje
Rules will be sent and attached together with 1st competition info

8. Change for Salsa, Bachata, Merengue. Couples

To eliminate the first and last round where all couples will dance together if there was at least a semifinal (Salsa, Bachata, Merengue Couples)

During all the rounds up to the final all couples show their skills in basic steps and routines. The adjudicators have seen them at least 3 times, so they know their level of dance in this part.

First of all it is not necessary to have this first and last minute and second it makes always a lot of stress for the dancers to change their costumes maybe twice during the final.

Old rule

8. Format Final Round: In the Final the Show is added

- a. All couples will dance together for 1 min Salsa
- b. Each couple will dance the solo Show number with organizer`s music or music of their own choice, not exceeding 2 min 15 seconds.
- c. All couples in the final dance 1 minute closing overview

New rule:

8. Format Final Round: In the Final the Show will be danced

b. Each couple will dance the solo Show number with organizer`s music or music of their own choice, not exceeding 2 min 15 seconds.

Implementation date: 1.1.2025

9. Proposal from Couple Dance Department Board

The CDD Board would like to start with a free judge`s seminar to educate IDO existing judges and to make a clear baseline for all judges. This will include guidelines for W (warnings) as well as guidelines for judging. These seminars should in the future be obligatory to all judges who would like to expire their judging license.

The seminars will be held in combination with existing competitions during and after the competitions. This will be done in a way that all existing rules will be followed! (f.i. if on day one there is Bachata and not on the other days, it is possible to do a Bachata Seminar on day two).

Implementation date: 1.9.2024

RULES listed under points 10, 11, 12, 18 will be published separately on IDO website under Rules

10. General Rules & Regulations of the DANCE SPORT RULES AND REGULATIONS (implementation 1.1.2025)

11. General Rules governing costumes (implementation 1.1.2025)

12. Updated version of IDO Official`s Book (**new rules about IDO Event Moderator are included**) (implementation 1.1.2025)

13. Updated fees for exams and examiners (implementation 1.1.2025)

14. Obligatory refresher seminar for all licensed IDO officials every two years (implementation 1.1.2025)

15. A mandatory annual adjudication fee payment (implementation 1.1.2025)

16. International medical coverage for the Officials:

All officials serving at the official IDO events must hold an international medical coverage.

Implementation date: **immediate** effect

17. Yearly dancers' fee for non-registered dancers

If during the competition it is established that there is a dancer(s) who is not registered through the IDO website (DIES or check in), the NMO must pay a registration fee in the amount of **3** registration fees.

Implementation date: **immediate** effect

18. IDO Financial Regulations – as a separate “book” and document

19. Clarified rules about Requirements for Participating Dancers in an IDO Event and Change of rules for participants in an IDO event

Requirements for Participating Dancers in an IDO Event

(1) Dancers representing a country in an International IDO Competition must reside in or be a citizen of the country being represented.

(2) Participation in Continental Championships or Cups requires residency or citizenship of the dancers on the respective continent. For the participation in World Championships or World Cups the NMO may elect dancers from either continent or both continents.

(3) A dancer can only represent one (1) country at an event in a calendar year regardless of status – dual passport/dual citizenship, refugee status, residence in another country, etc.

(4) Specific conditions that must be met to represent a country:

To represent a country, a dancer must prove that he or she has resided in that country for at ~~least two (2) years~~ **six (6) months**.

Upon receipt of a written request from the “new” IDO NMO, together with the following documents:

- Proof of studying in the »new« country (School, University)
- Proof of work (contract and a letter from the employer)
- Proof of an address (permanent or temporary for full six (6) months in the »new« country) from the Municipality
- Proof of registration and paid yearly registration fee to the new IDO NMO
- An e-mail from the IDO NMO of the country of birth that there are no open disputes with the athlete.
- If the dancer is a minor, a signed statement from the parents that they approve the representation of the »new« country

The application will be reviewed on a case-to-case system by the Sub-Committee. The final decision is in the discrepancy of the IDO Presidium and are valid for 1 calendar year.

~~from NMO that he or she been allowed to represent his or her current country of residence prior to having resided in that country for 24 calendar months, the IDO Presidium may grant special dispensation to make such a change.~~

(5) A citizen of one country who resides in another country may be eligible to represent either country. However, once a dancer has declared which country he or she will represent, the IDO Presidium must approve any subsequent changes. Any change back may only be made after a 12 (twelve) months period ~~from the last event that he/she competed.~~

(6) In the case of dual/multiple nationality, the dancer is free to choose which country he/she wants to represent. If a dancer wants to change his/her representation to his/her second nationality, ~~the IDO Presidium must be asked in written form~~ **the specific application conditions apply**. Any change back may only be made after a 12 (twelve) months period ~~from the last event that he/she competed.~~

Implementation date: 1.9. 2024

Change of rules for participants in an IDO event

Installing of an IDO Flag at a Competition to Represent a Country

(7) The IDO Presidium can decide that in special cases as:

- when an IDO NMO that represents the country fails to meet international standards for conduct,
- when there are special conditions that the dancer cannot represent his/her country as their political identity is not clearly defined (i.e. refugee situation),
- when there is a higher political dispute between IDO and IDO NMO,
- when IDO has proof of mismanagement and corruption of IDO NMO,

IDO flag may be used for representing competitors at the official IDO Games, Championships and Cups.

Documentation to be submitted when applying as a refugee to represent a »new« country or dancing under the IDO flag:

- **Scan of documents proving refugee status in the »new« country**

- Scan of passport
- Scan of a temporary address in the »new« country

If the athlete is a minor, a signed statement from the parents that they approve the athlete to represent the »new« country.

Decision of the IDO Presidium must be solved case by case and event by event. The decision is valid only for 1 (one) event per case.

(8) Standards and conditions for hosting an IDO AGA. Maybe even an IDO Congress every 2 or 4 years.

(9) IDO must investigate the legal part of the dancers TV, livestream and photo rights at IDO event following the Danish Law.

Implementation date: 1.9. 2024