

BALLET - (open) CLASSICAL		PERFORMING ARTS		
<b>Definition:</b>				
<b>Category:</b>	Solo* Male Solo* Female	Duo (any gender combination of two dancers)	Group	Formation
<i>*Ballet has two sections in the SOLO category in all the age divisions: (a) the Repertoire section and (b) the Classical ballet section. Dancers may enter both sections at the competitions or only one. The choice is theirs.</i>				
<b>Age Division:</b> <small>(age range is defined by formula: Event year – age = allowed born year)</small>	Mini Kids	7 and under		
	Children	12 and under		
	Junior 1 (in solo, duo)	13 – 14		
	Junior 2 (in solo, duo)	15 – 16		
	Junior (group, formation)	13 – 16		
	Adult 1	17 and over		
	Adult 2	31 and over		
<i>The rules of the 3-year span is applicable – but not in adults 2.</i>				
<b>Number of dancers:</b>	Solo	1		
	Duo	2		
	Group	3-7		
	Formation	8-24		
<b>Music:</b>	Competitors dance to their own music. <b>Suggested music - of a classical nature.</b> Repertoire music cannot be used.			
<b>Tempo:</b>	No limit			
<b>Duration of performance / Time limits:</b>	Solo	Minimum: 1 min 45 sec ; Maximum: 2 min 15 sec		
	Duo	Minimum: 1 min 45 sec ; Maximum: 2 min 15 sec		
	Group	Minimum: 2 min 30 sec ; Maximum: 3 min 00 sec		
	Formation	Minimum: 2 min 30 sec ; Maximum: 4 min 00 sec		
	Formation (mini kids) Formation (children)	Minimum: 2 min 30 sec ; Maximum: 3 min 00 sec		

<b>Characteristics and Movements:</b>	<p>Classical Ballet is the most formal of the ballet styles; it adheres to traditional ballet technique. There are variations relating to area of origin, such as Russian ballet, French ballet, British ballet and Italian ballet. The Vaganova method, named after Agrippina Vaganova and the Cecchetti method, named after Enrico Cecchetti, are Russian and Italian respectively and derive from the original French method. Classical ballet is best known for its unique features and techniques, such as pointe work, turn-out of the legs, and high extensions; its graceful, flowing, precise movements; and its ethereal qualities. This discipline must be performed using the Classical Ballet Technique and style and may be performed in soft ballet slippers or Pointe shoes. Although choreography may be of a modern nature, it may not deviate from what is commonly known as Classical Ballet. Lyric, Modern and Modern Jazz pieces may not be performed in this discipline.</p> <p>Adult Division (<b>all</b> female dancers) – must dance en pointe. Choice of en pointe or demi pointe in Junior. En pointe is not allowed in the Children’s age division.</p>
<b>Routine:</b>	<p>No dancer shall compete against him or herself. No dance routine shall be performed in more than one discipline (the same routine cannot be performed in both a Modern and Ballet event).</p>
<b>Choreography</b>	<p>No music, theme or costume from repertoires may be used in the <b>classical</b> section – in solo, duo, groups, formations (ONLY OWN choreography is allowed).</p>
<b>Special Rules:</b>	
<b>Lifts:</b>	<p>Permitted (except for Children’s age division).  Lifts are defined as movements / figures in which both feet of one dancer are off the floor and such figures / movements are performed with the help / physical support of another person.  Jumps in one hand-hold are not considered as a lift.  Any lifts used must remain in the Classical Ballet tradition, and may include drop-falls, supported turns, and jumps resulting in catches. However, all dances are in a constant evolution and growth., so experimental and original choreography is encouraged.</p>
<b>Acrobatic Movements:</b>	<p>Not permitted.</p>
<b>Scenic or Stage Props:</b>	<p>Stage Props must be carried by the dancer in one trip. Stagehands / assistants are not allowed to carry props for the dancer.  Cumbersome scenic props are not permitted.</p> <p>Hand props are anything carried with hands and not part oof costume (cane, flag, flower...)  Floor Props are the same, objects set on the floor (chairs, stairs, ladders, tables, etc.).  Props, liquids shoes, costumes or other substances that can litter, damage, or make the dance floor / stage unsafe cannot be used. This means that the use of such props, liquids, shoes, costumes or other substances will be punished</p>

	with a warning and/or direct disqualification. Using electrical devices, such as personal light effects and music, which the dancer plugs into an electric socket – props, may be used but must be powered by battery.
<b>Clothing / Costume:</b>	Not allowed to change costume during a performance or competition, unless it is ordered because of an infraction of the Costume Rules. It will also not be allowed to change the music or choreography in the next or final round, unless asked by Chairperson or Supervisor due to a costume warning.
<b>Footwear:</b>	Adult must be en pointe, in all Categories solo, duo, groups, and formations. Junior dancers may be en pointe or demi pointe. Children and Mini Kids cannot dance en pointe. Ballet slippers are recommended, no bare feet.
<b>Eyeglasses and Hearing Aids:</b>	If a dancer needs to wear glasses (for medical reasons) during their performance, it is recommended that the dancer has an elastic holding them on/around head. If hearing aids must be worn, dancer shall fasten them properly.
<b>Hairstyle and Make-up:</b>	For specific rules regarding Hair and Make-up, see: “Rules Governing Costumes, Make-up, Movements, and Themes”
<b>Prohibitions / Safety:</b>	Jumping from the stage when somebody is waiting to catch the dancer is not allowed in all Age Divisions.  Applicable in Mini kids and Children age division all categories <ul style="list-style-type: none"> <li>- Head stands are not allowed.</li> <li>- Movements where most of weight is carried by another dancer are not allowed.</li> <li>- Any kind of jumps from the props at the height of more than 1 meter are not allowed.</li> <li>- Pointe work is not allowed-</li> <li>- Dark themes, costumes, and music are not allowed.</li> </ul>
<b>Evaluation:</b>	3 D System
<b>Procedure of Competition:</b>	<b>Qualifications round:</b>
	<b>Semi-Finals:</b>
	<b>Finals:</b>
	<i>Competitors who are not present on stage to dance following the starting order, without a valid reason, will be disqualified by the Chairperson of the Adjudicators.</i>
<b>Placement:</b>	As per the IDO Rules
<b>Other Relevant Information:</b>	<b>Prior to the competition, if you have any questions regarding the Ballet Rules, please contact the Chairperson of the Ballet Committee at <a href="mailto:Tinadartnall@gmail.com">Tinadartnall@gmail.com</a></b>